

Trauma Sensitive and Responsive Education
Building Our Trauma Sensitive School Community

1. WHAT are our first steps? Based upon the information in this workshop and your self-assessment, identify 2-3 first steps that you can take to improve trauma awareness in your organization. These should be steps that you plan to take within the next 1-3 months. Think small steps for big impact!

2. WHAT barriers or challenges do we anticipate to this process?

3. WHAT opportunities can we take advantage of to support growth toward trauma informed school practices in our organization?
 - a. WHAT structures, routines or activities are already in place that we can build on? (For example, could you build 10 minutes of a trauma-awareness conversation into existing faculty meetings? Is there an existing classroom routine that could be a vehicle for including trauma-sensitive approaches?)

 - b. WHAT community connections could support our work?

 - c. WHAT opportunities could there be for future funding?

4. WHO are our first partners?
 - a. Who in our organization might be most receptive and/or most available to partner with us in learning and sharing trauma awareness and sensitivity within our school?

 - b. Who in our organization may we not have considered as partners before, but would now include in our plan?

 - c. Who might we identify as a partner in our community? Consider families, mental health partners, human service agencies and potential funding opportunities.

5. HOW will we measure impact? Set 2-3 measureable goals that can be accomplished in the next 1-6 months.